

FK Boken
Korpbudkavlen
20120822
Sträcktider

<u>Sträcka 1</u>		<u>2,8 km</u>		1	2	3	4	5	6	7	8	9	Mål
		Sträcktid	Start	31	32	33	34	35	36	37	38	39	
1	Frida Palm IK Palmen	20:01	6:00:00	6:03:24 03:24 00:00	6:06:45 03:21 06:45	6:08:30 01:45 08:30	6:10:32 02:02 10:32	6:12:32 02:00 12:32	6:14:13 01:41 14:13	6:17:21 03:08 17:21	6:18:26 01:05 18:26	6:19:25 02:04 19:25	6:20:01 01:35 20:01
2	Sofie Hansen Team Skalman	22:36	6:00:00	6:03:48 03:48 00:00	6:07:33 03:45 07:33	6:09:42 02:09 09:42	6:12:23 02:41 12:23	6:14:00 01:37 14:00	6:15:32 01:32 15:32	6:19:27 03:55 19:27	6:20:38 01:11 20:38	6:21:55 02:28 21:55	6:22:36 01:58 22:36
3	Olle Bohman Bergakungen 18	22:53	6:00:00	6:03:44 03:44 00:00	6:07:31 03:47 07:31	6:09:46 02:15 09:46	6:12:25 02:39 12:25	6:14:10 01:45 14:10	6:15:57 01:47 15:57	6:19:40 03:43 19:40	6:20:56 01:16 20:56	6:22:11 02:31 22:11	6:22:53 01:57 22:53
4	Niklas Welander Team Welander-Johansson	22:54	6:00:00		00:00 00:00 00:00	00:00 00:00 00:00	00:00 00:00 00:00	00:00 00:00 00:00	00:00 00:00 00:00	00:00 00:00 00:00	00:00 00:00 00:00	00:00 00:00 00:00	6:22:54 22:54 22:54
5	Emelie Feurstein Elitlaget	22:59	6:00:00	6:03:34 03:34 00:00	6:07:38 04:04 07:38	6:09:53 02:15 09:53	6:12:34 02:41 12:34	6:14:07 01:33 14:07	6:15:48 01:41 15:48	6:19:43 03:55 19:43	6:20:59 01:16 20:59	6:22:22 02:39 22:22	6:22:59 02:00 22:59
6	Christina Olsson Goin OL-sson	23:26	6:00:00	6:03:39 03:39 00:00	6:07:49 04:10 07:49	6:10:17 02:28 10:17	6:13:07 02:50 13:07	6:14:20 01:13 14:20	6:16:00 01:40 16:00	6:20:12 04:12 20:12	6:21:25 01:13 21:25	6:22:41 02:29 22:41	6:23:26 02:01 23:26
7	Mats Eliasson Rörläggarna	23:28	6:00:00	6:03:40 03:40 00:00	6:07:43 04:03 07:43	6:10:00 02:17 10:00	6:12:54 02:54 12:54	6:14:12 01:18 14:12	6:16:04 01:52 16:04	6:20:08 04:04 20:08	6:21:29 01:21 21:29	6:22:48 02:40 22:48	6:23:28 01:59 23:28

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8	Ann-Sofie Brink Markaryds FK	23:54	6:00:00	6:03:30 03:30	6:07:45 04:15	6:10:06 02:21	6:12:57 02:51	6:14:24 01:27	6:16:11 01:47	6:20:26 04:15	6:21:45 01:19	6:23:08 02:42	6:23:54 02:09
			00:00	03:30	07:45	10:06	12:57	14:24	16:11	20:26	21:45	23:08	23:54
9	Niklas Håkansson Team Hästen	25:18	6:00:00	6:03:57 03:57	6:08:16 04:19	6:10:44 02:28	6:13:25 02:41	6:14:19 00:54	6:16:07 01:48	6:21:00 04:53	6:22:56 01:56	6:24:28 03:28	6:25:18 02:22
			00:00	03:57	08:16	10:44	13:25	14:19	16:07	21:00	22:56	24:28	25:18
10	Helena Svensson Tre "tanter"	27:52	6:00:00	6:03:49 03:49	6:08:31 04:42	6:10:53 02:22	6:13:42 02:49	6:16:12 02:30	6:18:09 01:57	6:23:45 05:36	6:25:28 01:43	6:27:08 03:23	6:27:52 02:24
			00:00	03:49	08:31	10:53	13:42	16:12	18:09	23:45	25:28	27:08	27:52
11	Krister Österblad Evy & co	27:59	6:00:00	6:03:53 03:53	6:08:45 04:52	6:11:45 03:00	6:15:11 03:26	6:16:27 01:16	6:18:30 02:03	6:23:36 05:06	6:25:46 02:10	6:27:13 03:37	6:27:59 02:13
			00:00	03:53	08:45	11:45	15:11	16:27	18:30	23:36	25:46	27:13	27:59
12	Rebecca Harden Elitlaget	34:34	6:00:00	6:04:03 04:03	6:08:21 04:18	6:10:51 02:30	6:13:45 02:54	6:14:46 01:01	6:22:39 07:53	6:28:54 06:15	6:31:22 02:28	6:33:52 04:58	6:34:34 03:12
			00:00	04:03	08:21	10:51	13:45	14:46	22:39	28:54	31:22	33:52	34:34
13	Adrian Harden TEAM Harden	34:35	6:00:00	6:04:02 04:02	6:08:38 04:36	6:10:50 02:12	6:13:44 02:54	6:14:41 00:57	6:22:37 07:56	6:28:50 06:13	6:31:20 02:30	6:33:54 05:04	6:34:35 03:15
			00:00	04:02	08:38	10:50	13:44	14:41	22:37	28:50	31:20	33:54	34:35

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<u>Sträcka 2</u>		<u>2,2 km</u>		1	2	3	4	5	6	7	8	9	Mål
		Sträcktid	Start	40	41	42	43	44	455	46	47	39	
1	Peter Larsson Rörläggarna	13:57	6:23:28	6:24:54 01:26	6:26:14 01:20	6:27:55 01:41	6:29:42 01:47	6:32:02 02:20	6:33:05 01:03	6:34:11 01:06	6:35:55 01:44	6:35:35 01:24	6:37:25 01:30
			00:00	01:26	02:46	04:27	06:14	08:34	09:37	10:43	12:27	12:07	13:57
2	Patrik Waldt Team Skalman	14:48	6:22:36	6:24:28 01:52	6:25:54 01:26	6:27:37 01:43	6:29:33 01:56	6:32:01 02:28	6:33:07 01:06	6:34:12 01:05	6:35:57 01:45	6:36:47 02:35	6:37:24 01:27
			00:00	01:52	03:18	05:01	06:57	09:25	10:31	11:36	13:21	14:11	14:48
3	Gunilla Bohman Bergakungen 18	16:16	6:22:53	6:24:24 01:31	6:25:50 01:26	6:27:35 01:45	6:29:32 01:57	6:31:59 02:27	6:33:28 01:29	6:34:42 01:14	6:36:46 02:04	6:38:21 03:39	6:39:09 02:23
			00:00	01:31	02:57	04:42	06:39	09:06	10:35	11:49	13:53	15:28	16:16
4	Catarina Harden TEAM Harden	16:33	6:34:35	6:36:12 01:37	6:37:37 01:25	6:39:27 01:50	6:41:32 02:05	6:44:32 03:00	6:45:46 01:14	6:47:04 01:18	6:49:11 02:07	6:50:23 03:19	6:51:08 01:57
			00:00	01:37	03:02	04:52	06:57	09:57	11:11	12:29	14:36	15:48	16:33
5	Ebbe Malm Markaryds FK	18:05	6:23:54	6:26:42 02:48	6:27:14 00:32	6:29:04 01:50	6:31:08 02:04	6:34:38 03:30	6:36:06 01:28	6:37:41 01:35	6:39:49 02:08	6:41:20 03:39	6:41:59 02:10
			00:00	02:48	03:20	05:10	07:14	10:44	12:12	13:47	15:55	17:26	18:05
6	Sebastian Håkansson Team Hästen	20:12	6:25:18	6:27:19 02:01	6:29:14 01:55	6:31:43 02:29	6:34:12 02:29	6:37:39 03:27	6:40:17 02:38	6:41:36 01:19	6:43:47 02:11	6:44:50 03:14	6:45:30 01:43
			00:00	02:01	03:56	06:25	08:54	12:21	14:59	16:18	18:29	19:32	20:12
7	Titti Nygren Elitlaget	21:13	6:34:34	6:36:40 02:06	6:38:38 01:58	6:41:18 02:40	6:43:58 02:40	6:47:51 03:53	6:49:17 01:26	6:50:47 01:30	6:53:52 03:05	6:55:00 04:13	6:55:47 01:55
			00:00	02:06	04:04	06:44	09:24	13:17	14:43	16:13	19:18	20:26	21:13

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8	Kerstin Andersson Tre "tanter"	21:39	6:27:52 00:00	6:30:04 02:12 02:12	6:32:11 02:07 04:19	6:34:30 02:19 06:38	6:37:14 02:44 09:22	6:41:09 03:55 13:17	6:43:04 01:55 15:12	6:44:32 01:28 16:40	6:47:06 02:34 19:14	6:48:39 04:07 20:47	6:49:31 02:25 21:39
9	Sofia Palm IK Palmen	21:51	6:20:01 00:00	6:22:22 02:21 02:21	6:24:21 01:59 04:20	6:26:51 02:30 06:50	6:29:27 02:36 09:26	6:33:21 03:54 13:20	6:35:25 02:04 15:24	6:37:12 01:47 17:11	6:39:45 02:33 19:44	6:41:10 03:58 21:09	6:41:52 02:07 21:51
10	Erik Håkansson Team Hästen	22:04	6:25:18 00:00	6:27:20 02:02 02:02	6:29:07 01:47 03:49	6:31:47 02:40 06:29	6:34:14 02:27 08:56	6:37:42 03:28 12:24	6:40:20 02:38 15:02	6:41:45 01:25 16:27	6:44:24 02:39 19:06	##### #####	6:47:22 02:58 22:04
11	Emmy Palm IK Palmen	22:08	6:20:01 00:00	6:22:23 02:22 02:22	6:24:24 02:01 04:23	6:27:04 02:40 07:03	6:29:38 02:34 09:37	6:33:31 03:53 13:30	6:35:52 02:21 15:51	6:37:40 01:48 17:39	6:40:03 02:23 20:02	6:41:19 03:39 21:18	6:42:09 02:06 22:08
12	Elin Welander Team Welander-Johansson	22:40	6:22:54 00:00	00:00 00:00	00:00 00:00	00:00 00:00	00:00 00:00	00:00 00:00	00:00 00:00	00:00 00:00	00:00 00:00	00:00 00:00	6:45:34 45:34 45:34
13	Marie-Louise Hägneryd Tandrollarna	23:30	6:00:00 00:00	6:02:01 02:01 02:01	6:04:16 02:15 04:16	6:06:56 02:40 06:56	6:09:43 02:47 09:43	6:13:20 03:37 13:20	6:15:25 02:05 15:25	6:17:15 01:50 17:15	6:21:08 03:53 21:08	6:22:34 05:19 22:34	6:23:30 02:22 23:30
14	Fatima O Segerpalm Tandrollarna	23:31	6:00:00 00:00	6:01:57 01:57 01:57	6:04:14 02:17 04:14	6:06:48 02:34 06:48	6:09:39 02:51 09:39	6:13:17 03:38 13:17	6:15:23 02:06 15:23	6:17:11 01:48 17:11	6:20:47 03:36 20:47	6:22:31 05:20 22:31	6:23:31 02:44 23:31
15	Olivia Håkansson Team Hästen	23:48	6:25:18 00:00	6:27:57 02:39 02:39	6:30:18 02:21 05:00	6:33:16 02:58 07:58	6:36:14 02:58 10:56	6:40:04 03:50 14:46	6:41:58 01:54 16:40	6:43:57 01:59 18:39	6:46:45 02:48 21:27	6:48:12 04:15 22:54	6:49:06 02:21 23:48

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16	Evy Österblad Evy & Co	24:03	6:27:59 00:00	6:30:11 02:12 02:12	6:32:17 02:06 04:18	6:35:04 02:47 07:05	6:38:03 02:59 10:04	6:42:02 03:59 14:03	6:44:07 02:05 16:08	6:46:08 02:01 18:09	6:49:32 03:24 21:33	6:51:00 04:52 23:01	6:52:02 02:30 24:03
17	Frida Jönsson Tonåringarna	24:44	6:22:59 00:00	6:24:55 01:56 01:56	6:27:10 02:15 04:11	6:29:59 02:49 07:00	6:33:05 03:06 10:06	6:37:31 04:26 14:32	6:39:48 02:17 16:49	6:41:28 01:40 18:29	6:45:05 03:37 22:06	6:46:55 05:27 23:56	6:47:43 02:38 24:44
18	Emma Olsson Goin OL-sson	25:29	6:23:26 00:00	6:25:27 02:01 02:01	6:27:02 01:35 03:36	6:28:49 01:47 05:23	6:30:52 02:03 07:26	6:41:58 11:06 18:32	6:42:56 00:58 19:30	6:44:13 01:17 20:47	6:46:21 02:08 22:55	6:46:20 02:07 22:54	6:48:55 02:34 25:29
19	Albin Brink Markaryds FK	26:36	6:23:54 00:00	6:25:50 01:56 01:56	6:27:37 01:47 03:43	6:29:45 02:08 05:51	6:32:28 02:43 08:34	6:41:00 08:32 17:06	6:45:07 04:07 21:13	6:48:02 02:55 24:08	##### ##### #####	##### ##### #####	6:50:30 50:30 26:36
20	Bitte Falk-Jönsson Tandtrollarna	42:06	6:23:30 00:00	6:26:27 02:57 02:57	6:29:00 02:33 05:30	6:36:38 07:38 13:08	6:40:53 04:15 17:23	6:49:19 08:26 25:49	6:53:07 03:48 29:37	6:59:33 06:26 36:03	7:03:10 03:37 39:40	##### ##### #####	7:05:36 02:26 42:06
21	Christel Johansson Tandtrollarna	42:07	6:23:30 00:00	6:26:29 02:59 02:59	6:29:02 02:33 05:32	6:36:39 07:37 13:09	6:40:56 04:17 17:26	6:49:22 08:26 25:52	6:53:08 03:46 29:38	6:59:34 06:26 36:04	7:03:14 03:40 39:44	##### ##### #####	7:05:37 02:23 42:07
20	Fatima O Segerpalm Tandtrollarna	23:31	6:00:00 00:00	6:01:57 01:57 01:57	6:04:14 02:17 04:14	6:06:48 02:34 06:48	6:09:39 02:51 09:39	6:13:17 03:38 13:17	6:15:23 02:06 15:23	6:17:11 01:48 17:11	6:20:47 03:36 20:47	6:22:31 05:20 22:31	6:23:31 02:44 23:31

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<u>Sträcka 3</u>		<u>4,3 km</u>		1	2	3	4	5	6	7	8	9	Mål
		Sträckt看	Start	40	41	42	43	44	455	46	47	39	
1	Håkan Palm IK Palmen	26:09	6:41:52	6:44:45 02:53	6:47:43 02:58	6:54:28 06:45	6:57:04 02:36	6:58:27 01:23	7:01:03 02:36	7:03:48 02:45	7:06:22 02:34	7:07:25 03:37	7:08:01 01:39
			00:00	02:53	05:51	12:36	15:12	16:35	19:11	21:56	24:30	25:33	26:09
2	Linus Bohman Bergakungen 18	28:00	6:39:09	6:42:00 02:51	6:45:07 03:07	6:52:58 07:51	6:56:08 03:10	6:57:36 01:28	7:00:29 02:53	7:03:05 02:36	7:05:36 02:31	7:06:33 03:28	7:07:09 01:33
			00:00	02:51	05:58	13:49	16:59	18:27	21:20	23:56	26:27	27:24	28:00
3	Simon Harden TEAM Harden	32:42	6:51:08	6:54:47 03:39	6:58:25 03:38	7:05:50 07:25	7:09:13 03:23	7:11:56 02:43	7:15:22 03:26	7:18:48 03:26	7:22:03 03:15	7:23:18 04:30	7:23:50 01:47
			00:00	03:39	07:17	14:42	18:05	20:48	24:14	27:40	30:55	32:10	32:42
4	Erik Jönsson Tonåringarna	34:28	6:47:43	6:50:57 03:14	6:55:38 04:41	7:04:04 08:26	7:08:09 04:05	7:09:54 01:45	7:13:31 03:37	7:16:58 03:27	7:20:11 03:13	7:21:33 04:35	7:22:11 02:00
			00:00	03:14	07:55	16:21	20:26	22:11	25:48	29:15	32:28	33:50	34:28
5	Roine Schölin Rörläggarna	34:43	6:37:25	6:40:30 03:05	6:44:20 03:50	6:53:11 08:51	6:57:20 04:09	6:59:35 02:15	7:03:12 03:37	7:06:27 03:15	7:09:54 03:27	7:11:28 05:01	7:12:08 02:14
			00:00	03:05	06:55	15:46	19:55	22:10	25:47	29:02	32:29	34:03	34:43
6	Thomas Johansson Team Welanders-Johansson	35:20	6:45:34	6:49:34 04:00	6:53:41 04:07	7:02:07 08:26	7:06:23 04:16	7:08:24 02:01	7:11:53 03:29	7:15:24 03:31	7:18:49 03:25	7:20:11 04:47	7:20:54 02:05
			00:00	04:00	08:07	16:33	20:49	22:50	26:19	29:50	33:15	34:37	35:20
7	Marie Nilsson Team Hästen	36:12	6:45:33	6:49:19 03:46	6:53:27 04:08	7:02:36 09:09	7:06:27 03:51	7:08:27 02:00	7:12:05 03:38	7:15:46 03:41	7:19:30 03:44	7:20:56 05:10	7:21:45 02:15
			00:00	03:46	07:54	17:03	20:54	22:54	26:32	30:13	33:57	35:23	36:12

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8	Jan Nygren Elitlaget	36:39	6:55:47	6:59:41	7:03:54	7:13:15	7:17:37	7:19:51	7:23:13	7:26:40	7:30:00	7:31:45	7:32:26
				03:54	04:13	09:21	04:22	02:14	03:22	03:27	03:20	05:05	02:26
			00:00	03:54	08:07	17:28	21:50	24:04	27:26	30:53	34:13	35:58	36:39
9	Fredrik Hansen Team Skalman	37:07	6:37:24	6:40:33	6:44:25	6:53:03	6:58:30	7:00:44	7:04:22	7:08:07	7:11:47	7:13:33	7:14:31
				03:09	03:52	08:38	05:27	02:14	03:38	03:45	03:40	05:26	02:44
			00:00	03:09	07:01	15:39	21:06	23:20	26:58	30:43	34:23	36:09	37:07
10	Leif-Åke A. Tre "tanter"	42:36	6:49:31	6:53:23	6:57:42	7:06:40	7:13:41	7:15:43	7:19:56	7:23:37	7:27:53	7:31:26	7:32:07
				03:52	04:19	08:58	07:01	02:02	04:13	03:41	04:16	07:49	04:14
			00:00	03:52	08:11	17:09	24:10	26:12	30:25	34:06	38:22	41:55	42:36
11	Gert Olsson Goin OL-sson	44:33	6:48:55	6:53:28	6:57:57	7:11:33	7:15:54	7:18:16	7:22:41	7:26:43	7:30:30	7:32:35	7:33:28
				04:33	04:29	13:36	04:21	02:22	04:25	04:02	03:47	05:52	02:58
			00:00	04:33	09:02	22:38	26:59	29:21	33:46	37:48	41:35	43:40	44:33
12	Marita Filipsson Markaryds FK	47:10	6:41:59	6:51:09	6:56:04	7:05:58	7:10:15	7:12:41	7:17:36	7:22:23	7:26:15	7:28:25	7:29:09
				09:10	04:55	09:54	04:17	02:26	04:55	04:47	03:52	06:02	02:54
			00:00	09:10	14:05	23:59	28:16	30:42	35:37	40:24	44:16	46:26	47:10
13	Jonatan Österblad Evy & Co	56:55	6:52:02	6:57:12	7:02:57	7:17:10	7:24:08	7:28:15	7:34:13	7:40:38	7:45:46	7:48:06	7:48:57
				05:10	05:45	14:13	06:58	04:07	05:58	06:25	05:08	07:28	03:11
			00:00	05:10	10:55	25:08	32:06	36:13	42:11	48:36	53:44	56:04	56:55